

Please reserve your weekly meal choice(s) by noon on Thursday, monthly orders accepted, changes 48 hours in advance. EBT cards are accepted at the Social Street site! Call 766-3734 for information.

APRIL 2023

Aging Well Inc.
84 SOCIAL STREET
WOONSOCKET, RI 02895 401-766-3734

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Tomato soup Pub burger w/ cheese Sliced roasted potatoes Cole slaw Whole Wheat roll Fruit Chicken salad plate	4 Mushroom barley soup Chicken marsala Spanish rice Green beans Sliced bread Jello Turkey & Swiss on rye	5 Tossed salad Baked pasta Florentine Roasted zucchini w/carrots Multi grain bread Mixed fruit Cobb salad	6 Chicken escarole soup Baked ham w/raisin sauce Mashed potato Peas & carrots Snowflake roll Rice pie Ham & cheese on rye	7 Lentil soup Stuffed fillet of sole Rice pilaf Mixed vegetables Sliced ww bread Fruit Romain salad w/chicken
10 Minestrone soup Meatball sandwich Mediterranean salad Multi grain roll Pudding Chef salad	11 Tomato Soup Sauteed chicken breast w/mushrooms & tomatoes Green beans Sweet potato Fruit Sliced multi grain bread Salami, ham & cheese / wheat roll	12 Cream of broccoli soup Honey garlic pork chop Rice pilaf w/ mushrooms Mixed vegetables Roll Oatmeal raisin cookie Romain salad w/chicken	13 Chicken soup Pot roast Au gratin potatoes Baby carrots Roll Cookie Ham, cheese & turkey on wheat	14 Pasta & bean soup Chicken cacciatore Green bean salad Roasted potato Sliced bread Fruit Egg salad sandwich
17 Lentil soup Beef Stroganoff Mashed potatoes Peas & carrots Roll (whole wheat) Chocolate chip cookie Chef salad	18 Escarole bean & sausage soup Stuffed shell w/meatball Garlic bread Italian mixed vegetables Mixed fruit Chicken sandwich on wheat roll	19 Split pea soup German pork cutlet Potato salad German green beans Whole Wheat roll - cookie Turkey & Swiss/whole wheat	20 Vegetable soup Meatloaf w gravy Potatoes wedges Mixed vegetables - roll Fruit Spinach salad w/ chicken	21 Kale & bean soup Balsamic glazed chicken thighs Roasted broccoli & carrots Rice pilaf / roll Fruit salad Tuna salad plate
24 Beef Barley soup Tossed salad Chicken, sausage, peppers & potatoes Roll cake Cobb salad	25 Pizza	26 Tomato soup Pepper steak Rice pilaf Zucchini & carrots Fresh fruit Multi grain bread Seafood salad plate	27 Minestrone Soup BBQ spareribs Baked beans Pasta salad Whole Wheat -/Ww roll Chicken salad sandwich	28 Portuguese kale soup Honey glazed chicken Rice pilaf w/peas Zesty garlic green beans Sliced bread / Jello Roast beef sandwich