


| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
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|  | | 1 Kale and Bean Soup Hot Dogs w/ Brown Bread Baked Beans Wax Beans Seasonal Melon OR Tuna Salad on Wheat Roll | 2 Cream of Broccoli Soup BBQ Beef Sandwich Mashed Potato Cauliflower Lorna Doone Cookies OR Cobb Salad w/ Chicken | 3 Tossed Salad Cod Piccatta Wild Rice Spinach Seasonal Melon OR Turkey & Provolone on Wheat |
| 6 Mushroom & Barley Soup Shepherd's Pie Mashed Potato Whole Grain Biscuit Jell-O OR Chicken Salad on Wheat Roll | 7 White Beans Over Bread Roasted Chicken Potato Wedges Broccoli Fruit OR Ham & Swiss on Wheat Roll | 8 Caprese Salad American Chop Suey Sliced Carrots Whole Wheat Roll Coffee Cake OR BLT on Wheat | 9 Navy Bean Soup Liver and Onions Mashed Potato Green Beans Seasonal Melon OR Italian Grinder | 10 Hummus w/ Pita Meatball Sandwich Three Bean Salad Chips Fruit OR Chef's Salad |
| 13 VICTORY DAY MEAL SITES CLOSED | 14 Pizza | 15 Chicken Soup Dynamite Sandwich Greek Cucumber Salad Seasonal Melon OR Egg Salad Plate | 16 Tossed Salad Baked Manicotti Baby Carrots Garlic Bread Pudding OR Roast Beef Sandwich | 17 Clam Chowder Fish & Chips Cole Slaw Seasonal Melon OR Cheeseburger on Wheat Roll |
| 20 Tomato Soup Sausage & Pepper w/Wheat Roll Potato Wedges Peas and Carrots Fruit OR Tuna Salad Club | 21 Cottage Cheese w/ Peaches Meat Ragu over Whole Wheat Pasta Tomato Salad, Wheat Roll Jell-O OR Seafood Salad on Wheat Roll | 22 French Onion Soup Chicken Chop Suey Fried Rice Egg Roll Cookies OR Corned Beef Rubeen | 23 Minestrone Soup Beef Braciola Mashed Potato Brussel Sprouts Brownie OR Chicken Salad Plate | 24 Bean Salad Italian Fish Bake Rice Florentine Wheat Roll Fruit OR Meatball Grinder |
| 27 Vegetable Noodle Soup Chicken w/ Veggies on Pita Chopped Salad Seasonal Melon OR Meatball Grinder | 28 Italian Wedding Soup BBQ Ribs Macaroni Salad Green Beans Cake OR Spinach Salad with Chicken | 29 ***Birthday Cake*** Caesar Salad Monte Cristo Sandwich Potato Wedges Mix Veg Fruit OR Tuna Salad on Wheat | 30 Chicken & Rice Soup Swedish Meatballs Mashed Potatoes Peas & Onions Pudding OR Seafood Salad on Wheat | 31 Roasted Cauliflower Soup Ground Beef Taco w/ Lettuce and Tomatoes Rice, Corn Seasonal Melon OR Turkey Club |

WELCOME!

Our suggested donation is \$3.00 per meal.

The menu is subject to change without notice.

All menu items may contain nuts, seeds, beans, wheat, bran and other potential allergens.

Please call the meal site 567-4557 you wish to attend to reserve your meal!

EBT Cards are accepted at Social Street site!

Call 766-3734 for information.

SERVING SIZES

Grains – 2 ounces
 Vegetables – ½cup
 Fruits – ½ cup
 Protein – 3 ounces
 Dairy – 1 cup

****PLEASE NOTE: Per directive from the RI Division of Elderly Affairs and the RI Dept. of Health, Senior Services Inc. cannot allow any perishable foods to leave the congregate meal site.**